

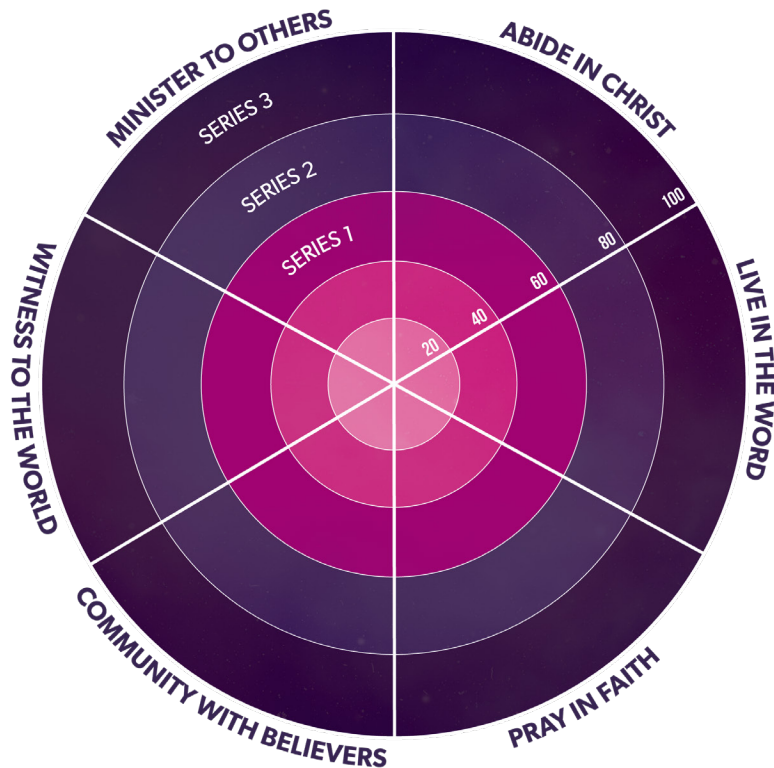
# DEVELOPING YOUR DISCIPLESHIP PLAN

## 1. Complete the online Discipleship Assessment ([coramdeobible.church/women](http://coramdeobible.church/women))

- The assessment helps you think carefully about your spiritual development related to six spiritual disciplines: abiding in Christ, living in the Word, praying in faith, living in community with believers, ministering to others, and witnessing to the world. Before completing your responses, ask the Lord to guide your evaluation. Since most of these statements require a subjective response, His guidance is the key to an accurate appraisal. Also, resist the urge to compare scores with others. Comparison can lead to self-condemnation or pride. This is about *your* relationship with Jesus.

## 2. Evaluate Your Discipleship Wheel

- The assessment will score you in each of the six categories of spiritual disciplines. Record your assessment scores in each category on your discipleship wheel below. Using the discipleship wheel, find your score for each category to determine the study and series you should take.



## 3. Decide on Actions for Spiritual Growth

- During the months of \_\_\_\_\_, I will...
  - Improve my understanding of God's standard for the following spiritual discipline through a Coram Deo Women's Bible study:  
 Spiritual Discipline: \_\_\_\_\_  
 Name of Bible Study: \_\_\_\_\_
  - Allow others to hold me accountable.
  - Set an action goal using the Recommended Actions Guide for suggestions (see next page). \_\_\_\_\_

## 4. Find Accountability in Your Women's Small Group or an Accountability Partner

Enlist an accountability partner or your small group to do the following:

- Meet with you to review your assessment and pray with you about this plan.
- Meet with you at least once a month to discuss your progress on this plan.
- Affirm your successes and challenge you to stay focused on achieving each part of your plan.
- Pray regularly for you.

My accountability partner will be: \_\_\_\_\_

Using the results from your discipleship wheel, fill in the table below to help you determine which study to take.

|                          | Score | Series | Upcoming Study |
|--------------------------|-------|--------|----------------|
| Abide in Christ          |       |        |                |
| Live in the Word         |       |        |                |
| Pray in Faith            |       |        |                |
| Community with Believers |       |        |                |
| Minister to Others       |       |        |                |
| Witness to the World     |       |        |                |

# RECOMMENDED ACTIONS GUIDE

## **Abide in Christ**

1. Set aside a specific time and location for a regular quiet time with Jesus.
2. Study the attributes of God.
3. Learn about your identity in Christ.
4. Regularly thank God and give Him praise in all situations.
5. Establish a practice of worship preparation through prayer and confession.
6. Make a list of things that hinder your spiritual growth and seek God's help to remove those hindrances.
7. Learn about biblical fasting and practice fasting as the Lord directs.

## **Live in the Word**

1. Memorize a Scripture verse a week and meditate (think about) on it.
2. Take notes from the Pastor's sermon and the Bible study teaching each week. Evaluate how it applies to your life.
3. Establish a regular time for personal Bible study. Take notes from the study and evaluate how the biblical truth applies to your life.
4. Use commentaries and other study resources to enrich Bible study (ask Jeni Schafrath for resources).
5. Read one chapter from the Bible a day. Answer the following questions:
  - What does this passage teach me about God, His character, and His plan?
  - What do I learn about myself, my nature, my struggle, and the purpose of my life?
  - What have I learned from this passage that would guide the way I live and make decisions?

## **Pray in Faith**

1. Enlist a prayer partner and meet regularly for prayer.
2. Establish a place and time for daily prayer.
3. Participate in Night of Prayer at the church.
4. Journal your prayers and record God's answers.
5. Create specific prayer lists to pray throughout the week (family members, spiritual growth of others, unsaved loved ones, those in crisis, unreached people groups, etc.).
6. Find specific Scripture and pray them (Ex: Psalm 119:25-38).

## **Community with Believers**

1. Ask family members and friends to identify ways you can improve your relationships with them.
2. Make a list of people who have hurt you and ask God for help to forgive them.
3. Participate in an ongoing small group to build relationships with other believers.
4. Complete a study related to building godly relationships in your marriage and/or parenting.

## **Minister to Others**

1. Complete a spiritual gifts survey at [coramdeobible.church/spiritual-gifts](http://coramdeobible.church/spiritual-gifts).
2. Volunteer for a ministry in church where you can use your spiritual gifts, interests, and natural abilities.
3. Send encouragement notes to the church staff.
4. Visit someone who is homebound.
5. Volunteer to babysit for a single parent in the church.
6. Lead a small group.
7. Offer to disciple a new believer.

## **Witness to the World**

1. Write your Gospel-centered testimony and practice sharing it with another believer. Learn to share it without using printed support.
2. Familiarize yourself with the church's resources on How to Know God to better equip yourself and tell someone the Gospel. Visit [coramdeobible.church/about-us/how-to-know-god](http://coramdeobible.church/about-us/how-to-know-god).
3. Make a list of unbelievers you know and begin praying regularly for their salvation.
4. Begin building relationships with unbelievers in your neighborhood and at work.
5. Invite an unbeliever to church or Bible study.
6. Include a specific missions focus in your prayers.
7. Go on a missions trip.
8. For more ideas, read this blog: [coramdeobible.church/pastors-blog/confession-of-a-ministry-director/](http://coramdeobible.church/pastors-blog/confession-of-a-ministry-director/)